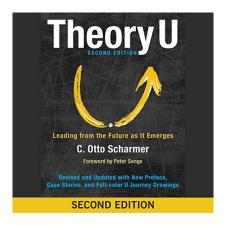
Free Theory U: Leading from the Future as It Emerges PDF







Free Theory U: Leading from the Future as It Emerges by by By C. Otto Scharmer

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New edition, expanded and updated. With the release of Theory U almost 10 years ago, Otto Scharmer set in motion a revolution in thought. Scharmer explained that what we pay attention to and how we pay attention is key to what we create. What prevents us from attending to situations more effectively is that we aren't fully aware of and in touch with the inner place from which attention and intention originate. This is what Scharmer calls our blind spot. By moving through Scharmer's U process, we consciously access the blind spot and learn to connect to our authentic Self - the deepest source of knowledge and inspiration - in the realm of "presencing," a term coined by Scharmer that combines the concepts of presence and sensing. Now, 10 years later, Scharmer revisits the phenomenon Theory U has become and updates and reports on the progress and evolution since initial release.

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